



KARNATAK UNIVERSITY, DHARWAD  
ACADEMIC (S&T) SECTION

ಕರ್ನಾಟಕ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಧಾರವಾಡ  
ವಿದ್ಯಾಮಂಡಳ (ಎಸ್&ಟಿ) ವಿಭಾಗ



Tele: 0836-2215224  
e-mail: academic.st@kud.ac.in  
Pavate Nagar, Dharwad-580003  
ಪಾವಟೆ ನಗರ, ಧಾರವಾಡ - 580003

NAAC Accredited  
'A' Grade 2014

website: kud.ac.in

No. KU/Aca(S&T)/JS/MGJ(Gen)/2023-24/59

Date: 04/09/2023

ಅಧಿಸೂಚನೆ

ವಿಷಯ: 2023-24ನೇ ಶೈಕ್ಷಣಿಕ ಸಾಲಿನಿಂದ ಎಲ್ಲ ಸ್ನಾತಕ ಪದವಿಗಳಿಗೆ 5 ಮತ್ತು 6ನೇ ಸೆಮೆಸ್ಟರ್  
NEP-2020 ಪಠ್ಯಕ್ರಮವನ್ನು ಅಳವಡಿಸಿರುವ ಕುರಿತು.

- ಉಲ್ಲೇಖ: 1. ಸರ್ಕಾರದ ಅಧೀನ ಕಾರ್ಯದರ್ಶಿಗಳು(ವಿಶ್ವವಿದ್ಯಾಲಯ 1) ಉನ್ನತ ಶಿಕ್ಷಣ ಇಲಾಖೆ ಇವರ  
ಆದೇಶ ಸಂಖ್ಯೆ: ಇಡಿ 104 ಯುಎನ್‌ಇ 2023, ದಿ: 20.07.2023.  
2. ವಿದ್ಯಾವಿಷಯಕ ಪರಿಷತ್ ಸಭೆಯ ನಿರ್ಣಯ ಸಂಖ್ಯೆ: 2 ರಿಂದ 7, ದಿ: 31.08.2023.  
3. ಮಾನ್ಯ ಕುಲಪತಿಗಳ ಆದೇಶ ದಿನಾಂಕ: 04/09/2023

ಮೇಲ್ಕಾಣಿಸಿದ ವಿಷಯ ಹಾಗೂ ಉಲ್ಲೇಖಗಳನ್ವಯ ಮಾನ್ಯ ಕುಲಪತಿಗಳ ಆದೇಶದ ಮೇರೆಗೆ, 2023-24ನೇ  
ಶೈಕ್ಷಣಿಕ ಸಾಲಿನಿಂದ ಅನ್ವಯವಾಗುವಂತೆ, ಎಲ್ಲ B.A./ BPA (Music) /BVA / BTM / BSW/ B.Sc./B.Sc. Pulp &  
Paper Science/ B.Sc. (H.M)/ BCA/ B.A.S.L.P./ B.Com/ B.Com (CS) / BBA & BA ILRD ಸ್ನಾತಕ ಪದವಿಗಳ 5  
ಮತ್ತು 6ನೇ ಸೆಮೆಸ್ಟರ್‌ಗಳಿಗೆ NEP-2020ರ ಮುಂದುವರೆದ ಭಾಗವಾಗಿ ವಿದ್ಯಾವಿಷಯಕ ಪರಿಷತ್ ಸಭೆಯ ಅನುಮೋದಿತ  
ಕೋರ್ಸಿನ ಪಠ್ಯಕ್ರಮಗಳನ್ನು ಕ.ವಿ.ವಿ. ಅಂತರ್ಜಾಲ [www.kud.ac.in](http://www.kud.ac.in) ದಲ್ಲಿ ಭಿತ್ತರಿಸಲಾಗಿದೆ. ಸದರ ಪಠ್ಯಕ್ರಮಗಳನ್ನು ಕ.ವಿ.ವಿ.  
ಅಂತರ್ಜಾಲದಿಂದ ಡೌನ್‌ಲೋಡ್ ಮಾಡಿಕೊಳ್ಳಲು ಸೂಚಿಸುತ್ತ ವಿದ್ಯಾರ್ಥಿಗಳ ಹಾಗೂ ಸಂಬಂಧಿಸಿದ ಎಲ್ಲ ಬೋಧಕರ ಗಮನಕ್ಕೆ  
ತಂದು ಅದರಂತೆ ಕಾರ್ಯಪ್ರವೃತ್ತರಾಗಲು ಕವಿವಿ ಅಧೀನದ/ಸಂಲಗ್ನ ಮಹಾವಿದ್ಯಾಲಯಗಳ ಪ್ರಾಚಾರ್ಯರುಗಳಿಗೆ  
ಸೂಚಿಸಲಾಗಿದೆ.

ಅಡಕ: ಮೇಲಿನಂತೆ

  
ಕುಲಸಚಿವರು.

ಗೆ,

ಕರ್ನಾಟಕ ವಿಶ್ವವಿದ್ಯಾಲಯದ ವ್ಯಾಪ್ತಿಯಲ್ಲಿ ಬರುವ ಎಲ್ಲ ಅಧೀನ ಹಾಗೂ ಸಂಲಗ್ನ ಮಹಾವಿದ್ಯಾಲಯಗಳ  
ಪ್ರಾಚಾರ್ಯರುಗಳಿಗೆ. (ಕ.ವಿ.ವಿ. ಅಂತರ್ಜಾಲ ಹಾಗೂ ಮಿಂಚಂಚೆ ಮೂಲಕ ಭಿತ್ತರಿಸಲಾಗುವುದು)

ಪ್ರತಿ:

1. ಕುಲಪತಿಗಳ ಆಪ್ತ ಕಾರ್ಯದರ್ಶಿಗಳು, ಕ.ವಿ.ವಿ. ಧಾರವಾಡ.
2. ಕುಲಸಚಿವರ ಆಪ್ತ ಕಾರ್ಯದರ್ಶಿಗಳು, ಕ.ವಿ.ವಿ. ಧಾರವಾಡ.
3. ಕುಲಸಚಿವರು (ಮೌಲ್ಯಮಾಪನ) ಆಪ್ತ ಕಾರ್ಯದರ್ಶಿಗಳು, ಕ.ವಿ.ವಿ. ಧಾರವಾಡ.
4. ಅಧೀಕ್ಷಕರು, ಪ್ರಶ್ನೆ ಪತ್ರಿಕೆ / ಗೌಪ್ಯ / ಜಿ.ಎ.ಡಿ. / ವಿದ್ಯಾಂಡಳ (ಪಿ.ಜಿ.ಪಿ.ಎಚ್.ಡಿ) ವಿಭಾಗ, ಸಂಬಂಧಿಸಿದ  
ಕೋರ್ಸುಗಳ ವಿಭಾಗಗಳು ಪರೀಕ್ಷಾ ವಿಭಾಗ, ಕ.ವಿ.ವಿ. ಧಾರವಾಡ.
5. ನಿರ್ದೇಶಕರು, ಕಾಲೇಜು ಅಭಿವೃದ್ಧಿ / ವಿದ್ಯಾರ್ಥಿ ಕಲ್ಯಾಣ ವಿಭಾಗ, ಕ.ವಿ.ವಿ. ಧಾರವಾಡ.



**Karnatak University, Dharwad  
BA/B. Sc Programme**

**BA/B. Sc in Home Science**

**Syllabus**

**With Effect From (w. e. f) 2023-24**

**DISCIPLINE SPECIFIC CORE COURSE  
(DSCC) FOR SEM V and VI**

**SKILL ENHANCEMENT COURSE (SEC)  
FOR V SEM**

**AS PER NEP-2020**

Karnatak University, Dharwad  
BA/B.Sc. in Home Science  
Effective from 2023-24

Sem.	Type of Course	Theory/ Practical	Course Code	Course Title	Instructor/ hour/ week	Total hours / sem	Duration of Exam	Marks			Credits
								Formative	Summative	Total	
V	DSCC-9	Theory	035 HSC 011	Human Development and Family Dynamics	04hrs	56	02 hrs	40	60	100	04
	DSCC-10	Practical	035 HSC 012	Human Development and Family Dynamics	04 hrs	56	03 hrs	25	25	50	02
	DSCC-11	Theory	035 HSC 013	Interior Decoration	04hrs	56	02 hrs	40	60	100	04
	DSCC-12	Practical	035 HSC 014	Interior Decoration	04 hrs	56	03 hrs	25	25	50	02
	Other subject										04
	Other subject										04
	Other subject										04
	SEC-3	Practical	035 HSC 061	Diet Preparation and Presentation Skills	04hrs	56	03 hrs	25	25	50	02
<b>Total</b>										50	<b>26</b>
VI	DSCC-13	Theory	035 HSC 011	Extension Education	04hrs	56	02 hrs	40	60	100	04
	DSCC-4	Practical	035 HSC 012	Extension Education	04 hrs	56	03 hrs	25	25	50	02
	DSCC-15	Theory	035 HSC 013	Resource Management	04hrs	56	02 hrs	40	60	100	04
	DSCC-16	Practical	035 HSC 014	Resource Management	04 hrs	56	03 hrs	25	25	50	02
	Other subject										04
	Other subject										04
	Other subject										04
	Internship-1		035 HSC 091	Internship				50	0	50	02
<b>Total</b>											<b>26</b>

**B.Sc. Semester – V**  
**Discipline Specific Course (DSC)-9**

**BA/B.Sc. Home Science**

**Course Title: Human development and family dynamics (Theory)**

**BSc: Course Code: 035 HSC 011**

**BA : Course Code :015 HSC 011**

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-9</b>	<b>Theory</b>	<b>04</b>	<b>04</b>	<b>56 hrs.</b>	<b>2 hrs.</b>	<b>40</b>	<b>60</b>	<b>100</b>

**Course Outcomes (COs):At the end of the course students will be able to:**

**CO1:** Understand the period of Adolescence and its developmental changes.

**CO2:**Understand the need of counselling for adolescents

**CO3:** Understand the physical, Physiological cognitive and socio-emotional development during adulthood stages.

**CO4:** Sensitized about interpersonal relationships, Marriage, functions of marriage, changing trends in marriage and Family and family dynamics.

**CO5:**Prepare for outreach activities with varied groups of adults and elderly.

Unit	Title	56 Hrs/ Sem
<b>I</b>	<p><b>Adolescence</b>  <b>Chapter No. 1 :</b>Definition, characteristics, developmental tasks of Adolescence.  <b>Chapter No. 2 :</b>Physical changes, puberty, primary and secondary sexual characteristics among adolescents.  <b>Chapter No. 3 :</b>Identity formation, social, emotional, cognitive and moral development. Interests and problems of adolescents  <b>Chapter No. 4:</b>Need for adolescent counselling. Techniques and methods of adolescent counselling. Education and Career guidance</p>	<b>14 Hrs</b>
<b>II</b>	<p><b>Adulthood- Early Adulthood and Marriage</b>  <b>Chapter No. 5:</b> Historical perspectives on adulthood, Contemporary changes, increase in life expectancy and decrease in death rate, classification of Adulthood.Early Adulthood- Characteristics and developmental tasks, physical, social, cognitive, emotional and moral development. Roles, responsibilities and adjustments.  <b>Chapter No. 6 :Marriage</b> – definition, functions, areas of marital adjustments, essentials of successful marriage  <b>Chapter No. 7: Changing trends in marriage:</b> cohabitation, remarriage, LGBT (Lesbian, Gay, Bisexual, and Transgender) marriages</p>	<b>14 Hrs</b>
<b>III</b>	<p><b>Family, Family Dynamics and Middle Adulthood</b>  <b>Chapter No. 8: Family</b> – Definition functions and types. Changing trends in family: causes for change, single parent families, separated families, nuclear families cross-generational families, adoptive/foster families, blended families, same-sex parent families  <b>Chapter No. 9: Family Dynamics-</b> Definition, function and scope. Gender norms and roles in family dynamics  <b>Chapter No. 10 :Middle Adulthood</b> - Characteristics and developmental tasks. Physical, physiological and socio-emotional changes, changes in cognitive abilities, Adjustments and hazards of middle age, preparation for retirement</p>	<b>14 Hrs</b>

<b>IV</b>	<p><b>Family crisis and Late Adulthood</b></p> <p><b>Chapter No. 11: Forms of family crisis:</b> Marriage, divorce/separation, remarriage, financial instability, poor work-family balance, illness, death, childlessness, child abuse/neglect, family violence, peer pressure, addiction, rape, suicide, unemployment, natural disasters, epidemics and wars. <b>Family cohesion-</b> the role of effective communication, compassion, perspective-taking, role distribution, positive conflict resolution, and teamwork. <b>Agencies offering support:</b> Marriage and family therapists, Family courts, Child guidance clinics, counseling and rehabilitation centers</p> <p><b>Chapter No. 12: Late Adulthood -</b> Characteristics and developmental tasks. Physical, physiological, psychological and social changes. Health care and health problems, Adjustments to retirement. successful ageing</p>	<b>14 Hrs</b>
-----------	--	---------------

**References:**

1. Arnett, J. J., & Jensen, L. A. (2019). *Human Development: A cultural approach (3rd ed.)*. New York: Pearson.
2. Berk, L.E. (2005). *Child development (5th ed.)*. New Delhi: Prentice Hall
3. Baradha.G 'Basics of Human Development' Saradalaya Press, Sri Avinashilingam Education Trust Institutions, Coimbatore 2008.
4. Cavanaugh, J., & Blanchard-Fields, F. (2011). *Adult development and aging (7th ed.)*. Stamford, CT: Cengage Learning.
5. Hurlock.B.Elizabeth 'Developmental Psychology – A Life Span Approach' Tata McGraw Hill Publications, New Delhi Latest Edition. 3.
6. Kapadia, S. (2011). Psychology and human development in India. Country paper. International Society for the Study of Behavioural Development Bulletin Number 2, Serial No. 60, pp.37-42.
7. Santrock, J. (2017). *A topical approach to life span development (9th ed.)*. New NY.:Mcgraw-Hill Higher Education.
8. Singh, A. (2015). *Foundations of Human Development: A life span approach*. ND: Orient Black Swan
9. Suriakanthi. A. (2015) 'Child Development' Kavitha Publications, Gandhigram, Tamil Nadu.
10. Walsh, B.A., Deflorio, L., Burnham, M.M., & Weiser, D.A. (2017). *Introduction to Human Development and Family Studies*. NY: Routledge

<b>Formative Assessment</b>	
<b>Assessment Occasion/type</b>	<b>Marks</b>
Internal Assessment Test1	10
Internal Assessment Test2	10
Quiz/Assignment/Small Project	10
Seminar	10
<b>Total</b>	<b>40 Marks</b>

**BA/B.Sc. Semester – V**  
**Discipline Specific Course (DSC)-10**

**Course Title: Human development and family dynamics (Practical)**

**BSc: Course Code: 035 HSC 012 BA : Course Code :015 HSC 012**

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-10</b>	<b>Practical</b>	<b>02</b>	<b>04</b>	<b>56 hrs.</b>	<b>3 hrs.</b>	<b>25</b>	<b>25</b>	<b>50</b>

**Course Outcomes (COs): At the end of the course, students will be able to:**

**CO1:** Understand the period of Adolescence and its developmental changes.

**CO2:** Understand the need of counselling for adolescents

**CO3:** Understand the physical, Physiological cognitive and socio-emotional development during adulthood stages.

**CO4:** Sensitized about interpersonal relationships, Marriage, functions of marriage, changing trends in marriage and Family and family dynamics.

**CO5:** Prepare for outreach activities with varied groups of adults and elderly.

<b>Expt. No,</b>	<b>Title</b>	<b>56 Hrs/Sem</b>
1	Visit to an Adolescent/ family counselling/Counselling center and write a report	
2	Organize a workshop for adolescents on -physical changes/health issues/ menstrual hygiene/behaviour during adolescence and write a report	
3	Visit to local Marriage registration office and write report.	
4	Prepare posters on selection of life partner/ changing trends in marriage//adjustments/ problems in marriage	
5	Visit to a marriage bureau, understanding trends and write a report	
6	Select a form of family crisis or stress. Develop an educational aid to prevent and manage the crisis.	
7	Conduct a role play to create awareness among college students on family values / family relationship /stability in marriage.	
8	Visit to an old age home and write a report	

<b>Formative Assessment for Practical</b>	
<b>Assessment</b>	<b>Distribution of Marks</b>
Prepare an educational aid on the given topic	10
Write /present visit report	5
Assignment /project	10
<b>Total</b>	<b>25Marks</b>
<i>The same shall be used for semester end Examination</i>	

**BA/B.Sc. Semester – V**  
**Discipline Specific Course (DSC)-11**

**Course Title: Interior Decoration (Theory)**

**BSc: Course Code: 035 HSC 013 BA: 015 HSC 013**

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-11</b>	<b>Theory</b>	<b>04</b>	<b>04</b>	<b>56 hrs.</b>	<b>2 hrs.</b>	<b>40</b>	<b>60</b>	<b>100</b>

**Course Outcomes (COs): At the end of the course students will be able to:**

- **CO1: To Learn about housing and its principles**
- **CO2: To understand about color and its application in interiors**
- **CO3: To apply elements and principles of design in interior decoration**
- **CO4: To know about furniture, window treatment and accessories in interiors**

Unit	Title	56 Hrs/ Sem
<b>I</b>	<b>Design Fundamentals</b> <b>Chapter No. 1:</b> Types of design- Structural and Decorative, Naturalistic, Stylized, Geometric, Abstract. <b>Chapter No. 2: Elements</b> of Art- Line, form, color, space, texture, Pattern, light. <b>Chapter No. 3: Principles</b> of design- Harmony, Proportion, Balance, Rhythm, Emphasis	<b>14 Hrs</b>
<b>II</b>	<b>Dimension of color</b> <b>Chapter No. 4:</b> Dimension of color- Hue, Value, Intensity, Advancing and receding colors, cool and warm colors. Characteristics of colors. <b>Chapter No. 5:</b> Prang color system- Primary, secondary, and Tertiary colors, color wheel. Color Harmonies- Related and Non-Related Color Harmonies. <b>Chapter No. 6: Principles</b> of housing, Types of Dwelling units	<b>14 Hrs</b>
<b>III</b>	<b>Furniture and Window treatment</b> <b>Chapter No. 7:</b> Factors to be considered in Selection, Principles of Furniture Arrangement, Furniture Arrangement for different rooms. Styles of Furniture and materials used to make furniture <b>Chapter No. 8:</b> Windows- Types of windows- casement, bay window, sliding window, awing window, picture window. Window treatment- Modes of Hanging Curtains- Cafe, Tier, Pricilla, Criss Cross, Glass, Pleated	<b>14 Hrs</b>
<b>IV</b>	<b>Art of Entertaining and Etiquette</b> <b>Chapter No. 9:</b> Accessories – classification and types Flower decoration -Materials required, styles and shapes. <b>Chapter No. 10:</b> Planning & organizing parties -Invitations, Wishing Card, Thank you card, Book mark, Acceptance letter, Place Card and menu planning& Menu card <b>Chapter No. 11:</b> Selection of table ware, Table setting for Indian, Western & buffet style	<b>14 Hrs</b>

## Reference

1. Byer G.H. " Housing A Factual Analysis " Mc. Milian Co. New Delhi.
2. Deshpande R.S. " Modern Ideal Homes for Indian " UBC, New Delhi. Dorothy sara "The collier quick and easy guide to etiquette"
3. Gross I.H. &Grandalh E.W. " Management for Modern Families" Storling Publisher Pvt. Ltd Delhi.
4. Premlatha Mullick (2015) Textbook Of Home Science - Kalyani Publishers, New Delhi.
5. Raja Rao and Subramanya (2003) Planning and Designing Residential Buildings – Standard Publishers and Distributors, New Delhi.
6. Interior decoration magazine.
7. Inside outside magazines.
8. Saxena, S. (2003), A first Course in Computers, Vikas Publishing house, New Delhi.

<b>Formative Assessment</b>	
<b>Assessment Occasion/type</b>	<b>Marks</b>
Internal Assessment Test1	10
Internal Assessment Test2	10
Quiz/Assignment/Small Project	10
Seminar	10
<b>Total</b>	<b>40 Marks</b>

**BA/B.Sc. Semester – V**  
**Discipline Specific Course (DSC)-12- Practical**

**Course Title: Interior Decoration (Theory)**

**Course Code: BSc: 035 HSC 014 BA: 015 HSC 014**

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
DSCC-12	Practical	02	04	56 hrs.	3 hrs.	25	25	50

**Course Outcomes (COs): At the end of the course students will be able to:**

- **CO1: To Learn about housing and its principles**
- **CO2: To understand about color and its application in interiors**
- **CO3: To apply elements and principles of design in interior decoration**
- **CO4: To know about furniture, window treatment and accessories in interiors**
- **CO5 : Learn about art of etiquette and manners**

Expt. No,	Title:	56.hrs
1	Design- Structural and Decorative design.	2 Hrs
2	Elements of Arts	5 Hrs
3	Principles of design.	5 Hrs
4	Color wheels, color harmonies.	6 Hrs
5	Furniture arrangement and Window treatment	6 Hrs
6	Flower arrangement	6 Hrs
7	Preparation of two types of Accessories	6 Hrs
8	Preparation of Invitation, Acceptance, Thank You Card, Greeting Card, Book Mark, Menu Card and Place Card	8 Hrs
9	Table Setting Indian & Western	6 Hrs
10	Organising a workshop an art and design	6 Hrs

<b>Formative Assessment for Practical</b>	
<b>Assessment</b>	<b>Distribution of Marks</b>
Prepare an educational aid on the given topic	10
Write /present visit report	5
Assignment /project	10
<b>Total</b>	<b>25 Marks</b>
<i>The same shall be used for semester end Examination</i>	

BA/B.Sc. Semester – V  
(SEC-3) Practical

**Course Title: Diet Preparation and Presentation Skills (Practical)**

**Course Code: BSc035 HSC 061 BA: 015 HSC 061**

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
SEC-3	Practical	02	04	56 hrs.	3 hrs.	25	25	50

**Course Outcomes (COs): At the end of the course students will be able to:**

- **CO1: Understand the basic principles of diet and diet therapy**
- **CO2: Acquire the knowledge of modifications of normal diet for therapeutic purposes**
- **CO3: Acquire the skills and techniques involved in the planning and preparation of therapeutic diets for various ailments**
- **CO4: Develop the capacity and attitude for taking dietetics as a profession**

Expt. No,	Title	56 Hrs
1	Standardization Weight of Raw Materials Weight of Cooked Items	12 Hrs
2	Preparation of Various dishes using different methods of Cooking Boiling/Steaming Frying- Deep/Shallow Pressure Cooking Hot air Cooking/ Baking	14 Hrs
3	Different Styles of Fruits and Vegetable Cutting Salad Decoration/ Dressing Table Napkin Folding Types	12 Hrs
4	Planning, Preparation and presentation of various Diets ❖ Protein Rich Diet ❖ Carbohydrate Rich Diet ❖ Fat Rich Diet ❖ Vitamins (Vitamin A, D, E, K, C, B-Complex) Rich Diet ❖ Minerals Rich (Calcium, Iron) Diet ❖ Fiber Rich Diet	18 Hrs

**References:**

1. Dr. Brinda Singh, Manav Sharir evam Kriya Vigyan PanchsheelPrakashan, Jaipur,2015 15th Ed.
2. Chatterjee, C.C. "Iluman Physiology" Medical Allied Agency: Vol I, II.
3. Text Book of Biology for 10+2 Students (NCERT)
4. Sumati R Mudami, "Fundamentals of food Nutrition and Diet Therapy", New Age International Pvt. Ltd, New Delhi, 6th Ed. (2018)
5. Punita Sethi and Poonam Lakda, "Aahar Vigyan, Suraksha evam Poshan"; Elite Publishing House, New Delhi :2015

<b>Formative Assessment for Practical</b>	
<b>Assessment</b>	<b>Distribution of Marks</b>
Prepare an educational aid on the given topic	10
Write /present visit report	5
Assignment /project	10
<b>Total</b>	<b>25 Marks</b>
<i>The same shall be used for semester end Examination</i>	

**BA/B.Sc. Semester – VI**  
**Discipline Specific Course-**  
**DSCC-13**  
**BA/B.Sc. Home Science**

Course Title: Extension Education (Theory)

Course Code: B. Sc: 036 HSC 011 BA: 016 HSC 011

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-13</b>	<b>Theory</b>	<b>04</b>	<b>04</b>	<b>56 hrs.</b>	<b>2 hrs.</b>	<b>40</b>	<b>60</b>	<b>100</b>

Course Outcomes (COs): At the end of the course the student should be able to

- Understand the concept and principles of Extension Education
- Familiarize with the teaching learning process
- Know about the concept of community and Community Development
- Know about national and International agencies working for women, children and youth.

Unit	Title	56 Hrs/ Sem
<b>I</b>	<p><b>Concept of extension education</b>  <b>Chapter No. 1</b> - Definition, Meaning, Objectives and principles of Extension Education. Formal, Informal and Non-Formal Education, Role of Home Science in Extension Education.  <b>Chapter No. 2</b> - Teaching learning process            a. Learning - Concept, Principles, Elements            b. Teaching - Process, Types: - Trainee-dominated method, Trainer dominated method, Cooperative method, Functional method            c. Qualities of a good teacher  <b>Chapter No. 3</b>- Extension teaching methods - Role play, workshop, Audio Visual Aids and Methods in extension education: Meaning, Concept, advantages and Types; importance of choice of audio-visual aid in extension education; other methods of teaching the extension education – demonstration, exhibitions, fieldtrips, camps, meetings, etc            Role of motivation in teaching and learning - Meaning, importance, types of motivates: Organic, Wants, Emotions, Feelings and attitudes, social motives, Habits, Objective Environment. Motivation in extension - Importance, Intrinsic and Extrinsic values</p>	<b>14 Hrs</b>
<b>II</b>	<p><b>Concept of Community Development</b>  <b>Chapter No. 4</b> - Basic concept of community Development: Nature, Real development, core values, objectives of Community Development: Definition and meaning, Concept, Need, Essential elements, Scope, Objectives, Philosophy, Types.  <b>Chapter No. 5</b>- Evolution of Community Development program in India Since Independence. Program planning - Principles and steps. Program building - Plan of work and Calendar of events.  <b>Chapter No. 6</b> - Communication Process: Definition, meaning, scope and functions of communication; communication channels and process; communication approaches – Individual, group and mass approaches; Role of extension education in community development. Feedback in communication Communicator – communicate relationships. Barriers to communication</p>	<b>14 Hrs</b>

<b>III</b>	<p><b>Community development agencies and programmes.</b></p> <p><b>Chapter No 7-</b> Nutritional Policies, Schemes and Programmes in India – National Nutrition Policy 1993, ICDS, Immunisation programme, SNP, ANP, BNP, Mid-day meal, Prophylaxis programme, NCD, IDD Control programme.</p> <p><b>Chapter No 8</b> -Contributions of National and International agencies in Community Nutrition and Extension education – FAO, WHO, UNICEF, ICMR, NIN, CFTRI, CARE, AID, CSIR, UNESCO, etc.</p>	<b>14Hrs</b>
<b>IV</b>	<p><b>Chapter No 9-</b> Agencies Working for the Welfare of Women, Children, Youth and Families at various levels – Local, National and International, DANIDA, IAPE, CSWB and SSWB, ICCW, DWCRA, FPAI, NCERT, Indian Council for Child Welfare, Association for the Pre-school child, national Institute for Public Co-operation and Child Development (NIPCCD), CRY, SOS CHILDREN’S Village of India, Child Guidance Clinics, Juvenile Service Bureau.</p> <p><b>Chapter 10</b> - Support services for youth development: counselling, employment bureaus/career guidance, sports and recreational activities, Life Skills Education for youth, NCC, NSS and youth camps, Sneha Clinic, AIDS/MIV, STD awareness programmes.</p> <p>Agencies working for youth: Ministry of Human Resource Development, Department of sports and Youth Affairs, Nehru Yuvak Kendra, YMCA, YWCA, Ramkrishna Mission, Vishwa Yuvak Kendra, YUVA.</p>	<b>14 Hrs</b>

**References:**

1. Dahama.O.P and O.P Bhatanagar: Education and Communication for Development, 2nd Edition; Oxford and IBH Publishing Co.pvt.Ltd New Delhi, 1985
2. Khan.P.M and L.L. Somani: Fundamentals of Extension Education, Agrotech Publishing Academy, Udaipur,2009
3. Ray, G.L: Extension Communication and Management, Naya Prakash, Calcutta, 1999
4. Reddy: Extension Education, Bapatia India, Srilakshmi press, 1987
5. Rodgers, Alan: Teaching methods in Extension Education for development, Westwood Row, Woodmans, 1989

Pedagogy – Theory

<b>Formative Assessment</b>	
<b>Assessment Occasion/type</b>	<b>Marks</b>
Internal Assessment Test1	10
Internal Assessment Test2	10
Quiz/Assignment/Small Project report	10
Seminar	10
<b>Total</b>	<b>40 Marks</b>

## BA/B. Sc VI Semester

### Discipline Specific Course (DSCC)-14- Practical

Course Title: Extension Education (Practical) Course

Code: B. Sc: 036 HSC 012

BA: 016 HSC 012

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-14</b>	<b>Practical</b>	<b>02</b>	<b>04</b>	<b>56 hrs.</b>	<b>3 hrs.</b>	<b>25</b>	<b>25</b>	<b>50</b>

Course Outcomes (COs): At the end of the course the student should be able to

- Understand the concept and principles of Extension Education
- Familiarize with the teaching learning process
- Know about the concept of community and Community Development
- Know about national and international agencies working for women, children and youth.

Expt. No,	Title	56.hrs/
<b>1</b>	Prepare a plan of work and conduct an awareness program for community	<b>10 Hrs</b>
<b>2</b>	Organize an educational awareness activity using different Audio-visual aids for youth	<b>10 Hrs</b>
<b>3</b>	Prepare audio aid used in the extension program using any one Home Science concepts	<b>6 Hrs</b>
<b>4</b>	Prepare visual aid used in the extension program any one Home Science concepts	<b>6 Hrs</b>
<b>5</b>	Prepare audio visual aid used in the extension program any one Home Science concepts	<b>8 Hrs</b>
<b>6</b>	Visit to Women and child welfare office to know about welfare programmes and write a report.	<b>4 Hrs</b>
<b>7</b>	Visit to DD Akshara Dasoha office and write report.	<b>4 Hrs</b>
<b>8</b>	Visit to Primary Health Center and learn about community health programmes and write report.	<b>4 Hrs</b>
<b>9</b>	Visit to Department of Sports and Youth affairs to learn about youth welfare programmes and write report.	<b>4 Hrs</b>

Pedagogy- Practical

<b>Formative Assessment for Practical</b>	
<b>Assessment</b>	<b>Distribution of Marks</b>
Prepare an educational aid on the given topic	10
Write /present visit report	5
Assignment /project report	10
<b>Total</b>	<b>25Marks</b>
<i>The same shall be used for semester end Examination</i>	

**BA/B. Sc VI Semester**  
**Discipline Specific Course- DSCC-15BA/B.Sc. Home Science**

Course Title: Resource Management (Theory)

Course Code: B.Sc: 036 HSC 013 BA: 016 HSC 013

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-15</b>	<b>Theory</b>	<b>04</b>	<b>04</b>	<b>56 hrs.</b>	<b>2hrs.</b>	<b>40</b>	<b>60</b>	<b>100</b>

Course Outcomes (COs): At the end of the course students will be able to:CO

1: Understand the available resources

CO 2: Develop the ability to evaluate the managerial efficiency and effectiveness in the family and other organization.

CO 3: Acquire an understanding of money management and real-world challenges  
 CO 4: Understand Consumer rights and responsibilities.

Unit	Title	56 Hrs/ Sem
<b>I</b>	<b>Introduction to Resource Management</b> <b>Chapter No. 1 - Resources: Definition, Characteristics, and Classification – Human and Non-Human Resources, Renewable and Non-Renewable resources, Energy conservation and sustainability, Factors affecting the use of resources.</b> <b>Chapter No. 2 - Management: Definition, Motivating factors (Values, Goals, Standards and Attitudes), Management Process -Planning, Organising, Controlling and Evaluating. Decision making – Meaning, Importance, Types, Characteristics, Steps, Tools, and Factors affecting decision making.</b> <b>Chapter No. 3 -Time Management, Time plan, Tools, Process and practices.</b>	<b>14 Hrs</b>
<b>II</b>	<b>Money Management</b> <b>Chapter No. 4- Money Management-Meaning, Family Income – Types, sources, Ways of supplementing family income and factors affecting income and expenditure pattern.</b> <b>Budget plan- Meaning, importance, steps in making family budget, advantages and factors affecting family budget.</b> <b>Account Keeping- Factors to be consider while planning Accounts, Ledgers</b> <b>Chapter No. 5 - Saving Process, Practice and advantages, Saving Institutions- Bank, Post office, Insurance, PPF, UTI etc.</b> <b>Investment – Meaning, types and principles involved</b> <b>Credit- Meaning, types, sources, advantages and disadvantages.</b>	<b>14 Hrs</b>
<b>III</b>	<b>Energy Management</b> <b>Chapter No. 6- Human Energy as a resource, Fatigue- Causes, Types and Remedies to overcome fatigue.</b> <b>Chapter No. 7 -Work simplification definition, techniques, Mundell’s classes of change, Ergonomics – Meaning, Definition and Importance</b>	<b>14Hrs</b>

<b>IV</b>	<p><b>Consumer Education</b></p> <p><b>Chapter No. 8-</b> Consumer Education: Definition, Importance, functions, Rights and Responsibilities,</p> <p><b>Chapter No.9</b> -Consumer problems – Fraud and fraudulent practices Protection- Agencies to protect consumer interest and legislative measures.</p> <p><b>Chapter No.10-</b> Consumer Aids- Advertisement, brand, packing, labelling, grading, standardization, agencies securing standards (ISI, AGMARK, FPO, Eco mark, Wool mark, Silk mark, fssai, veg-non veg marks etc.)</p>	<b>14 Hrs</b>
-----------	--	---------------

**References:**

- Armstrong, M. (2003). A Handbook of Human Resource Management Practice. Kogan Page, London, UK
- Gratton, L. (1994). Implementing Strategic Intent: Human Resource Processes as a Force for Change, Business Strategy Review. 5(1):47-66.
- Heneman, H. G. and Judge, T. A. (2003). Staffing Organizations, McGraw-Hill, London, UK.
- Sharma, I. J. 1984. The Culture Context of Indian Managers, Management and Labour Studies, 9:72- 80
- Singh, K. (2003). Strategic HR Orientation and Firm Performance in India, International Journal of Human Resource Management, 14(4): 530-4
- Gross. I. H.,Crandall,E.W.andKnoll,M.M.(1980).*ManagementforModernFamilies*.
- New Jersey: Prentice Hall Inc
- Bhargava, B. (2005). *Family Resource Management and Interior Decoration*, Jaipur: Apple Printer and V. R. Printers
- Varghese, M. A., Ogale. N. and Srinivasan K. (1985). *Home Management*. New Delhi: New Age International (P) Limited, Publishers (ISBN 13: 9780852269046

Pedagogy - Theory

<b>Formative Assessment</b>	
<b>Assessment Occasion/type</b>	<b>Marks</b>
Internal Assessment Test1	10
Internal Assessment Test2	10
Quiz/Assignment/Small Project report	10
Seminar	10
<b>Total</b>	<b>40 Marks</b>

BA/B. Sc VI Semester  
Discipline Specific Course (DSCC)-16- Practical

Course Title: Resource Management (Practical) Course  
Code: BSc: 036 HSC 014 BA: 016 HSC 014

Type of Course	Theory /Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summative	
<b>DSCC-16</b>	<b>Practical</b>	<b>02</b>	<b>04</b>	<b>56 hrs.</b>	<b>3 hrs.</b>	<b>25</b>	<b>25</b>	<b>50</b>

Course Outcomes (COs): At the end of the course students will be able to:CO1:

Plan, analyse and evaluate the effectiveness of resource

CO 2: To educate student about management in the family as well as in other sphere of life.

CO 3: To make student aware about maximum utilization of their resources to meet their goals.CO 4:

Students understand and learn time Management, Decision Making and Consumer Education

Expt. No,	Title	56.hrs/
<b>1</b>	Decision Making –Identify a problem and solve it using steps in decision making	<b>4 Hrs</b>
<b>2</b>	Plan a time and activity chart for 3 days – Evaluate and make suggestions for improvement	<b>6 Hrs</b>
<b>3</b>	Analysis of household task by process and pathway chart.	<b>4 Hrs</b>
<b>4</b>	Budget plans for low-, middle- and high-income families.	<b>4 Hrs</b>
<b>5</b>	Energy Management- Application of Energy Saving Devices	<b>10 Hrs</b>
<b>6</b>	Planning an Event - management and evaluation, with reference to Managerial process	<b>6 Hrs</b>
<b>7</b>	Project on Time Management and Energy Management of College going Girl/Boy, Working Men or Women/ Home Makers/Retired Persons	<b>10 Hrs</b>
<b>8</b>	Visit to Different Professionals to Study Time and Energy Management, writing report	<b>8 Hrs</b>
<b>9</b>	Visit to District Consumer Forum and write a Report	<b>4 Hrs</b>

Pedagogy - Practical

<b>Formative Assessment for Practical</b>	
<b>Assessment</b>	<b>Distribution of Marks</b>
Prepare an educational aid on the given topic	10
Write /present visit report	5
Assignment /project report	10
<b>Total</b>	<b>25Marks</b>
<i>The same shall be used for semester end Examination</i>	

# Internship-1 BA/B.Sc. Home Science

Course Title: Internship

Course Code: B. Sc: 036 HSC 091      BA: 016 HSC 091

Type of Course	Theory/ Practical	Credits	Instruction hour/week	Total No. of Lec/Hrs/Sem	Duration of Exam	Assessment Marks		Total Marks
						Formative	Summ	
Internship- I	--	<b>02</b>	<b>04</b>	<b>56 hrs.</b>	<b>3 hrs.</b>	<b>50</b>	<b>--</b>	<b>50</b>

Course Outcomes (COs): At the end of the course students will be able to:

CO1: Gain Hands on Training

CO 2: Gain knowledge about job opportunities

CO 3: Prepare themselves for employment challenges.

CO 4: Prepare themselves for self-employment.

### Internship Placements in Institutions and Community

- **Mini Project**
- **Study Report**
- **Industrial Visit**
- **Field Based Studies**

Formative Assessment for Practical	
Assessment	Distribution of Marks
Prepare an educational aid on the given topic	10
Write /present visit report	5
Assignment /project report	10
<b>Total</b>	<b>25Marks</b>
<i>The same shall be used for semester end Examination</i>	